

TNP Alcohol Committee
Minutes of Virtual Meeting held 12/6/23

Present: Anthony DiLauro, AnaVivian Estrella, Nicole Hampton, Ginger Katz, Diana Revolus, Diamond Sead, Kelley Tomlinson, Margaret Watt

1. *Awareness:* December is Impaired Driving Month. Intern is scheduling social media around that topic in the beginning of the month as well as doing a 10-day “Holiday Countdown” on FB and IG to end on New Year’s Eve, with a daily self-care tip every morning and a prevention tip every evening.

Actions:

- a. Please like, reshare, comment on the social media. Purpose is to raise awareness and also boost the visibility of the TNP social media so we get more followers to see future information!
 - b. Incorporate the finding about 25% of sexually active Norwalk students (HS age) having had sex under the influence. Connect to the importance of consent, good touch/bad touch.
 - c. Incorporate info about Wheels2U. Check the Norwalk Transit District’s social media to use their content if possible, or tag them.
2. *Awareness:* Went over updated infographic on thenorwalkpartnership.org/alcohol page.
- Actions:**
- a. Please send any final feedback before we translate into Spanish and Haitian Creole.
 - b. Update website because when images are clicked, the PDF that opens is the old infographic.
3. *Support:* As per our workplan, our Norwalk Strong teen clubs are active and visible in the high schools, making posters, having interactive tables in the cafeterias, etc. Today they put on an assembly for 8th graders at Ponus, which was fabulous. (224 students in the audience!)
 4. *Support:* As per our workplan, the Teen Nights Out continue to take place as a fun, substance-free series of social events.
 5. *Education:* We’ve reached elementary school parents by collaborating with MADD and NPL for a recent activity during Red Ribbon Week, and have been handing out lots of MADD handbooks in English and Spanish at various events. In October Ginger & Margaret had a Courage to Speak parenting event. We hope to reach a lot of middle school parents at “Screenagers Under the Influence” on January 24th, 6:30pm-8:30pm at Ponus where we will also have a health & wellness fair.

Actions:

- a. Sign up to have a resource table [using this link](#)
- b. Help promote the event when the poster is approved.
- c. Consider a Sip & Spin event at Ase Kreationz, maybe February, for parents. (Maybe similar at Stepping Stones?)

6. *Information:* We haven't had a lot of parent survey responses yet. Will be helpful in assessing whether parental views that underage drinking is normal have changed, and will inform our CDC grant writing this winter/spring. Decided to really push it in January after the holidays.

Actions:

- a. Capture groups of parents (Angela King's suspension hearings, PTOs and SGCs) to fill it out &/or circulate it.
 - b. Try again via the Athletic Directors / coaches.
 - c. Margaret will ask Ponus now, not wait until January, to capitalize on our program today.
7. *Access:* We want to continue promoting safe storage/lock it up and the social host law. These messages can apply to both marijuana and alcohol.

Actions:

- a. Let Margaret know if your agency (eg library, health dept, housing, community services, etc.) wants to have books of liquor stickers that you can provide to parents.
- b. Margaret can get 25 "be in the know ct" medication lockbags at a time and has been giving them out at events. Everyone pls encourage parents to use them for weed, Rx drugs, and their liquor stickers.
- c. Everyone be aware the social host law applies to marijuana as well as alcohol.
- d. Want to get data from police on alcohol violations, DUIs, etc. They recently did a number of compliance checks and identified out of compliance restaurants/liquor stores.
- e.