

TNP's First Year: 2020-21 Accomplishments

The following activities were made possible thanks to the CDC Drug-Free Communities (DFC) grant to Positive Directions:

Resource Development:

- Created website
- Coordinated motivational speaker to speak at the high schools
- Provided resource tables & speakers for town halls, community day fairs
- Developed Norwalk behavioral health resource list in English & Spanish and slideshow of free supports for teens
- Created community newsletter

Data:

- Organized focus groups in English and Spanish with youth and parents
- Developed and conducted trilingual community and parent survey on mental health and substance use among Norwalk adults
- Conducted youth survey on stress, developmental relationships, mental health and substance use among Norwalk teens

Trainings:

- Presented 2 MADD *Power of Parents* programs on underage drinking
- Provided prevention training to 88 students
- Provided 1 Mental Health First Aid and 4 Question-Persuade-Refer suicide prevention trainings
- Provided 2 LGBTQ cultural trainings to 40 community providers
- Sent 7 leadership and coalition members to national prevention trainings

Campaigns:

- Developed Liquor Stickers campaign & implemented at retail locations
- Developed #mentionprevention campaign at retail locations

The following activities were possible thanks to the City of Norwalk grant and the DMHAS Local Prevention Council and SOR grants to Human Services Council:

Resources:

- Organized backpack drive with resources for families
- Mailed postcard to families of middle and high school students
- Provided resources at National Night Out and YBI Fundraising Event
- Purchased feather banners
- Purchased Deterra bags and distributed at National Night Out
- Coordinated showings of drug awareness film *If They Had Known*
- Ran teen group and provided supports at School-Based Health Centers